

[My Account](#)

Message Center

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[New Message](#)

Subject	Date
---------	------

<div>FB</div>	<div>Florida Blue</div> <div>Invitation to Enroll for Free Case Management Program at Flodia Blue.</div> <div>2 Messages</div>	<div>MAR 12</div>
<div>JJ</div>	<div>Florida Blue</div> <div>About my out of pocket max</div> <div>5 Messages</div>	<div>MAR 05</div>
<div>JJ</div>	<div>Florida Blue</div> <div>Invitation to Enroll for Free Case Management Program at Flodia Blue.</div> <div>2 Messages</div>	<div>MAR 12</div>
<div>JJ</div>	<div>Claims@Florida Blue</div> <div>About my out of pocket max</div> <div>5 Messages</div>	<div>MAR 05</div>
<div>JJ</div>	<div>Florida Blue</div> <div>Invitation to Enroll for Free Case Management Program at Flodia Blue.</div> <div>2 Messages</div>	<div>MAR 12</div>
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<div>JJ</div>	<div>John Jacob Jinkleheimer</div>	<div>MAR 12</div>

+ Original Message

Reply

Florida Blue

Delete

03/12/2018, 10:00 AM

Invitation to Enroll for Florida Blue Care Program at Florida Blue.

Hello Jane,

We are glad to know that you are back home from the Hospital. We wanted to let you know that we at Florida Blue care about your health and well-being. We continuously push ourselves to deliver better services for you at your fingertips.

We wanted to introduce to our Case Management Program, “It is absolutely free and is covered under your plan.” This program is tailor made for your ongoing health condition. Please click on [Learn More](#) to know more and register for the program.

Thank you!

[Send Reply](#)

Florida Blue Care Program



Welcome Jane!

We are glad that you are back home and we wanted to support you for your entire road to recovery. With that being said, we wanted to introduce you to our **Florida Blue Care Program** that is dedicated to continuous service of our customers’ health journey. This is a dedicated program that provides you with different options as you navigate your health care journey. The highlight of the program is that you will be assigned with a dedicated Case Manager to answer all your questions and assist you throughout your journey.

We have two options for you to choose:

1. Tell us about your health personality. We’ll show you our resource to meet your needs.

[Start Assessment](#)

2. Click on the link below, explore our Case Manager directory.

[Pick my Case Manager](#)

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Florida Blue Care Program

Assessment

1. Pick the one you most agree with
- ☐

 I like a Case Manager who is warm and conversational
- ☐

 I like a Case Manager who is efficient and thorough
2. Pick the one you most agree with
- ☐

 I want my Case Manager to help me set health goals and stick to them
- ☐

 I want my Case Manager to help me understand my condition
- ☐

 I have a relationship with my healthcare provider and just need help with insurance questions
3. Pick the one you most agree with
- ☐

 I am responsible for my own health but I need help navigating the healthcare system
- ☐

 I want the Case Manager to help me achieve my health needs
- ☐

 I want the Case Manager to help me achieve my health needs and help me navigate the healthcare system
4. Pick the one you most agree with
- ☐

 I want my Case Manager to care for both my physical and mental health
- ☐

 I only need my Case Manager to treat my physical health
5. Pick the one you most agree with
- ☐

 I like a Case Manager who chats during our appointments
- ☐

 The Case Manager should respect my time and get right to the point
6. Pick the one you most agree with
- ☐

 I’m very vocal about my health
- ☐

 The Case Manager should ask about my health and help me understand what I am experiencing

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Florida Blue Care Program

Case Manager



Jenny Smith

Congratulations! Jenny Smith is assigned to you as your case manager. This selection was made based on your responses in the assessment that you have completed earlier. Please learn more about your case manager by exploring the details below. If you would like to change your case manager please access our [case manager directory](#) and choose a different case manager.

Specialities

Bio

Certifications

- Utilizes the approved medical practices process in the delivery of all patient care.
- Provides care based on physical, psycho/social, educational, safety and related criteria, appropriate to the ages of patients served in assigned areas.
- Maintains an attitude of inquiry towards medical practices and patient care outcomes, and may develop research methodology.
- Provides education experiences to patient families, staff, other health professionals, and to the community.
- Adapts behavior to the specific patient population, including but not limited to: respect for privacy, method of introduction to the patient, adapting explanation of services or procedures to be performed, requesting permissions and communication style.



Instant Message



Video Call



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Florida Blue Care Program

Pick your Case Manager



Sania Seth



Barbara Smith

SpecialitiesBioCertifications

- 3+ years of experice in COPD case management
- Residency at Baptist Health Center
- Med School at University of North Florida (UNF)
- Speaks fluent English, Spanish and can understand French.

SpecialitiesBioCertifications

- Chronic Care Professional (CCP)
- Certification in Chronic Obstructive Pulmonary Disease (COPD)
- COPD Educator Certification by AARC
- NBRC COPD Educator Certification

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Jane Doe

Florida Blue Care Program

- Home
- Health Hub
- Learning Hub
- Social Hub
- Document Hub
- Messages



Welcome Back Jane!

My Checklist

MonTueWedThuFriSatSun

☐ Walk for 2 miles today

☒ Your Flovent HFA 250 MG is alomst over. Please order a refill.

☐ Here is your Meal Plan for today. [Meal Plan](#)

More Details

Activity Goals & Health Summary

MonTueWedThuFriSatSun

Blood Pressure

Systolic PressureDiastolic Pressure

130 mm Hg / 86 mm Hg

Exercise

72%

Walking

94%

More Details

My Notifications

Social Hub

Catherine posted something on your timeline.[Reply](#)

Health Hub

Your Flovent HFA 250 MG is alomst over.[Take action](#)

Case Manager

Your Case Manager jenny left you a note.[Take action](#)

More Details

My Health Notes

Today

I was up all of last night. Suffering from serious Nasal Congestion and shortness of breath

Save to Digital Diary

Publish on Social Hub

You have 6 entries from last week

More Details

Case Manager

Today

Your Flovent HFA 250 MG is alomst over. Please order a refill.[Send Message](#)

Diet plan for today

[Download](#)

Instant Message

Video Call

Make an Appointment

More Details

Medications

Drug Name	Dosage
Flovent HFA 250 MG	3 doses a Day
Dailresp 500 mcg	3 doses a Day

More Details

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<08/15/2018>

Today	Status	Comments
Walk for 2 miles	In Progress	N/A
Dailresp 500 MCG	<div><div><input checked="" type="checkbox"/> Morning</div><div><input checked="" type="checkbox"/> Noon</div><div><input type="checkbox"/> Night</div></div> In Progress	N/A
Flovent HFA 250 MG	<div><div><input checked="" type="checkbox"/> Morning</div><div><input type="checkbox"/> Noon</div><div><input type="checkbox"/> Night</div></div> In Progress	Running out of stock, should order a refill
Oxygen Therapy	Continuous	I'm breathing good. Discuss about therapy with case manager
Follow up with Case Manager for Diet Plan	Completed	My diet plan for today is in my document hub, i have to prepare my lunch accordingly
Check blood glucose pre-breakfast	Completed	My blood glucose levels are normal
Check blood glucose post-lunch	Pending	N/A
Do breathing exercise	Not Ready	N/A

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2018-2019

Type of Screening	Due Date	Action	Reward Status
Annual Wellness Check	08/16/2018	Schedule Appointment	Available After Completion
Breast Cancer	08/01/2018	Completed	Reward in Rewards Section
Flu Shot	08/16/2018	<div>Appointment Scheduled</div> Reschedule Appointment	Available After Completion
Cardiovascular Screening	07/14/2018	<div>Pending</div> Schedule Appointment	N/A
Diabetes Screening	08/16/2018	Schedule Appointment	Available After Completion
Colon Cancer	05/25/2018	Completed	Reward Claimed
Cervical Cancer	08/16/2018	Schedule Appointment	Available After Completion
Obesity Screening	08/16/2018	Schedule Appointment	Available After Completion
Cholesterol Screening	08/16/2018	Schedule Appointment	Available After Completion
Depression Screening	08/16/2018	Schedule Appointment	Available After Completion
Skin Cancer Screening	08/16/2018	Schedule Appointment	Available After Completion

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August 5-12, 2018

Activities & Goals

☒Excercise4 Hours out of 7 hours

☐Walk7 Hours out of 7 hours

☐Run5 Hours out of 5 hours


☐Sleep50 Hours out of 54 hours

☐Steps98000 steps out of 80000 steps

☐Stairs86 Stairs out of 70 Stairs


Sources

Jane's Apple Watch



Manage Device

My Fitbit



Manage Device

Add More Devices

Exercise Goal 1 Hour

Mon

Tue

Wed

Thu

Fri

Sat

Sun

1

45

30

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Search

Medication	Dosage	Quantity
<div>Flovent HFA 250 MCG</div>	Three pills a day each of 250 MCG. Each pill should be consumed after breakfast lunch and dinner respectively.	<div><div>Order Refill</div></div>
<div>Dailresp 500 MCG</div>	Three pills a day each of 500 MCG. Each pill should be consumed after breakfast lunch and dinner respectively.	<div><div>Order Refill</div></div>
<div>Advair Diskus 250/50</div>	Hold the DISKUS in your left hand and place the thumb of your right hand in the thumb grip.Slide the lever until you hear it click. Inhale your medicine.	<div><div>Order Refill</div></div>

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Enable Location Based Services 





Advair Diskus (fluticasone and salmeterol oral inhaler)

iAdvair Diskus is a combination of a corticosteroid and a beta2-adrenergic bronchodilator used to treat asthma and chronic bronchitis, including COPD associated with chronic bronchitis.

Medication Settings

Brand 


250/50 




Quantity 

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Home delivery available


★★★★★

▼ 136

Advair Diskus 250/50

\$287.90

Using your Plan

 \$4.40

Price went up since your last order


[3 other options available outside your plan](#)




☒ [Apply Manufacturer's Coupons](#)

Type: Pills

Quantity: 1 Inhaler

Order Now





Contact Pharmacy for delivery options


★★★★★

▼ 136

Advair Diskus 250/50

\$296.41

Using your Plan

 \$13.66

Price went down since your last order


[3 other options available outside your plan](#)




☒ [Apply Manufacturer's Coupons](#)

Type: Pills

Quantity: 1 Inhaler

Select





Contact Pharmacy for delivery options


★★★★★

▼ 136

Advair Diskus 250/50

\$297.60

Using your Plan

 \$7.54

Price went down since your last order

[3 other options available outside your plan](#)

☒ [Apply Manufacturer's Coupons](#)

Type: Pills

Quantity: 1 Inhaler

Select

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Florida Blue Care Program

Learning Hub

Categories

Videos

Pictures

Games

My Subscriptions

New Category

Videos

Search

Uploaded by Case Manager

8:00 PM 08/04/18

Awareness Videos

Last Upload: 10:55 AM 08/07/18Number of Videos: 17

Self Captured Videos

6:00 PM 08/03/18

Nasal Congestion

4:00 PM 08/04/18

Shortness of Breath

8:00 PM 08/04/18

Yoga Videos

8:00 PM 08/04/18

Dosage Explanations

8:00 PM 08/04/18

10:55 AM 08/07/18

COPD, PAH, CHF My Diagnosis Details - Living Well Video 2

10,142 views

Up next

Inhalers (Asthma & COPD) Explained Clearly

MedCram - Medical Lectures E

63K views

AUTOPLAY

Individuals and Families

- Tools and Resources
- How Insurance Works
- Pharmacy
- Glossary

Helpful Resources

- About Health Care Reform
- Find a Florida Blue Center
- Find an Agent
- Final Rate Determination
- Summary of Benefits

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Florida Blue Care Program

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Your Story




Florida Blue




John Doe



Florida Bl..



Sarah Clark



Jane Doe

Edit Picture

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Communities

Video Library


Saved Posts

Testimonials

Write and share your thoughts below...

Hey all! Past few weeks i have been following my diet plan and taking regular medication. It is working out great and I'm feeling better than ever. All thanks to Florida Blue for keeping me fit while i fight this condition.

Photo/VideoPost




John Doe



5 hours ago, via mobile from Jacksonville Area.

Save PostShare PostTag People

Life Blossoms when you have right care at right time. Cheers Florida Blue!!!


#Myhealthmanager #CareWell #FloridaBlue





14


7 Comments5 Shares3 Saves




ReactComment

My Community

Family




Sarah




John Doe

Friends




Catherine




George

Providers




Mayo Clinical Ser..



Dr. Chang

Case Manager



Jenny Smith

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Florida Blue Care Program

Document Hub

Categories

Digital Diary

Lab Reports

Prescriptions

Excercise Plans

Meal Plans

+

New Category

Digital Diary

+

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📁

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🔍

Search

Sleep less night

10:55 AM 08/07/18

Nasal Congestion

8:00 PM 08/04/18

Naussea

6:00 PM 08/03/18

Nasal Congestion

4:00 PM 08/04/18

Shortness of Breath

8:00 PM 08/04/18

Meds are woking great!

8:00 PM 08/04/18

10:55 AM 08/07/18

I was up all of last night. Suffering from serious Nasal Congestion and shortness of breath. I have to make an appointment with my physician. I have to consult my case manager to see if these symptoms are normal while recovering. I ate food which is not prescribed in my diet plan and also these food are not listed in the food that i should be avoiding.

Symptoms

Cough

Wheezing

Shortness of breath

Nasal Congestion

Running Nose

Sputum

Mood Swings

Keep it up! You have your symptoms under control.

Pay attention to your meds. Talk to your case manager/docor and flare up your medication.

Call for help. Rush to hospital.

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